## **Providing Urine Samples – Worker Instructions**



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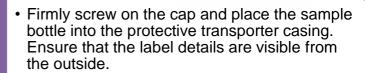
 Collect a urine sample bottle and packaging from the person responsible for conducting the biological monitoring.

## Remember to wash your hands

 Complete the bottle label with your code / ID, date and time of sample collection.

 Open the container and collect your urine. Ensure that the bottle is at least half full, please do not overfill.

## Remember to wash your hands





 Press in the sides of the casing to ensure it is tightly shut.



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 Immediately return the sample to the responsible person. For any queries ask them to contact the laboratory.

Thanks for your compliance



