Providing Urine Samples – Worker Instructions

1. Collect a urine sample bottle and packaging from the person responsible for conducting the biological monitoring.

2. Complete the bottle label with your name, date and time of sample collection.

3. Open the container and collect your urine. Ensure that the bottle is at least half full, please do not overfill.

4. Firmly screw on the cap and place the sample bottle into the protective transporter casing. Ensure that the label details are visible from the outside.

5. Press in the sides of the casing to ensure it is tightly shut.

6. Immediately return the sample to the responsible person. For any queries ask them to contact the laboratory.

Thanks for your compliance

Remember to wash your hands